ORIGINAL PAPER



Tail autotomy affects bipedalism but not sprint performance in a cursorial Mediterranean lizard

Pantelis Savvides¹ · Maria Stavrou¹ · Panayiotis Pafilis² · Spyros Sfenthourakis¹

Received: 13 May 2016 / Revised: 29 November 2016 / Accepted: 7 December 2016 © Springer-Verlag Berlin Heidelberg 2016

Abstract Running is essential in all terrestrial animals mainly for finding food and mates and escaping from predators. Lizards employ running in all their everyday functions, among which defense stands out. Besides flight, tail autotomy is another very common antipredatory strategy within most lizard families. The impact of tail loss to sprint performance seems to be species dependent. In some lizard species, tail shedding reduces sprint speed, in other species, increases it, and, in a few species, speed is not affected at all. Here, we aimed to clarify the effect of tail autotomy on the sprint performance of a cursorial lizard with particular adaptations for running, such as bipedalism and spike-like protruding scales (fringes) on the toepads that allow high speed on sandy substrates. We hypothesized that individuals that performed bipedalism, and have more and larger fringes, would achieve higher sprint performance. We also anticipated that tail shedding would affect sprint speed (though we were not able to define in what way because of the unpredictable effects that tail loss has on different species). According to our results, individuals that ran bipedally were faster; limb length and fringe size had limited effects on sprint performance whereas tail autotomy affected quadrupedal running only in females. Nonetheless, tail loss significantly affected bipedalism: the ability for running on hindlimbs was completely lost in all adult individuals and in 72.3% of juveniles.

Communicated by: Fritz Geiser

Pantelis Savvides savvides.pantelis@ucy.ac.cy **Keywords** Locomotion · Antipredator · Interactions · Lizards · *Acanthodactylus* · Cyprus

Introduction

Running is an essential skill that serves many different functions such as defense, foraging, mating, and territoriality (Elliot et al. 1977; Amaya et al. 2001; Alexander 2003). Not all animals have the same potential for running (Garland 1983). Some of them are excellent sprinters (Sharp 1994) while others are endurance runners (Saltin et al. 1994); some run for long distances (Bramble and Lieberman 2004) whereas others can barely cover few centimeters (Denny 1980). In any case, running is of pivotal importance for the majority of terrestrial animals, and lizards are no exception (Garland and Losos 1994).

Lizards have an impressive, species dependent, locomotor repertoire (Bauwens et al. 1995; Vanhooydonck et al. 2001), as they can climb, swim, glide, and run (Vitt and Caldwell 2014). Many lizards are capable runners (Van Damme and Vanhooydonck 2001), and their locomotor performance may affect dominance (faster males may control larger territories, sire more offspring, and perform better in intraspecific agonistic encounters, Perry et al. 2004; Husak et al. 2006), foraging mode (McElroy et al. 2008), and escape from predators (Losos and Irschick 1996). Locomotion is a fundamental link between an animal and its environment (Miles 2004), and thus the sprint performance of a lizard marks out the ability to survive in a given habitat. As a general rule, faster lizards tend to be more fit (Miles 2004).

Sprint performance may vary according to sex, age, substrate, and even phylogenetic history (Miles 1994, 2004; Tulli et al. 2012; Vanhooydonck et al. 2015). The most decisive factor, though, is morphology (Van Damme et al. 2003).

¹ Department of Biological Sciences, University of Cyprus, University Campus, P.O. Box 20537, 1678 Nicosia, Cyprus

² Section of Zoology and Marine Biology, Department of Biology, National and Kapodistrian University of Athens, Athens, Greece

Numerous morphological features, including leg length (Losos and Sinervo 1989; Melvile and Swain 2000), body length, width and mass (Losos 1990; Bauer et al. 1996; Van Damme and Vanhooydonck 2001; Bergmann and Irschick 2010), hindlimb length (Bonine and Garland 1999; Stiller and McBrayer 2013; Sathe and Husak 2015), and toepad characteristics (Bauer and Russell 1991; Macrini et al. 2003; Russell and Johnson 2007) have been reported influencing locomotor performance. Two important mechanisms may act as modulating agents in the morphology-locomotor performance relationship: bipedalism and tail autotomy. Bipedalism changes this relationship without affecting morphology, whereas autotomy potentially affects the same relationship through alterations in morphology (Aerts et al. 2003; McElroy and Bergmann 2013).

The ability for bipedal locomotion seems to have evolved within different lizard families (Clemente 2014). During bipedalism, lizards shift their body's center of mass backwards and run on their hindlimbs. According to Aerts et al. (2003), this center of mass shift may be merely the result of acceleration. Even though bipedal locomotion is thought to confer certain advantages, such as higher speed (Snyder 1949, 1962) or better acceleration (Clemente et al. 2008), it is not clear whether it is positively related to sprint performance (Irschick and Jayne 1999a, b; Clemente 2014).

Tail autotomy is a common defensive strategy among many lizard families. Lizards shed their tail in response to mechanical stimuli, and afterwards, the detached tail thrashes to distract predators (Arnold 1988). Tailless lizards usually experience energetic and social costs (Pafilis and Valakos 2008; Pafilis et al. 2008; Bateman and Fleming 2009; Cooper et al. 2009), while tail autotomy may affect locomotion as well. The tail plays a functional role in locomotion in most lizards (Gillis et al. 2009; Libby et al. 2012; McElroy and Bergmann 2013), so tail loss should affect sprint performance. However, the effects of autotomy on locomotor performance are dependent on a number of factors, and as such, the responses to tail shedding may vary. In most lizards, post-autotomy locomotion is slower (Punzo 1982; Martin and Avery 1998; Cromie and Chapple 2012), in others faster (Daniels 1983; Brown et al. 1995), while in some species, no effect was detected (Huey et al. 1990; Kelehear and Webb 2006). These unpredictable postautotomic effects can be attributed to the different morphological tail traits (size, girth, shape) among species as well as to the impact of various substrates on the performance and interspecific variation of behavioral responses to autotomy (McElroy and Bergmann 2013).

Body mass and the position of body center of mass also hold an important role in locomotion performance (Van Damme and Vanhooydonck 2001; McElroy et al. 2008; Higham et al. 2013). The center of mass influences body balance and the propulsive system (the hindlimbs, Russell and Bels 2001) and, thus, has direct effects on locomotion performance (Foster and Higham 2012; Gillis et al. 2013). Tail shedding affects both body mass and center of mass, whereas bipedalism has an impact only on the latter. Tail autotomy results in weight loss through tail loss and as such causes a direct decrease of body mass, as well as shift of the center of mass (Higham et al. 2013; Jagnandan et al. 2014). Bipedalism can also induce changes to the center of mass (Aerts et al. 2003) but the displacement is to the opposite direction.

In this study, we aimed to assess the interactions between toepad morphology, tail autotomy, and bipedalism in a highly cursorial species, Acanthodactvlus schreiberi. As the Greek etymology of its Latin name denotes, the toes of this genus have numerous fringes, similar to small spines (Salvador 1982; Baier et al. 2009). Toe fringes represent a pedal specialization of several lizard genera for running in sandy habitats (Higham 2015). They are clearly projecting, elongated scales that maximize the surface area that is in contact with the substrate, thus allowing the lizards not to sink into the sand (Salvador 1982; Luke 1986). Though it is believed that lizards achieve considerable speeds on the sand surface, thanks to the fringes (Carothers 1986), recent research questions their role (Irschick and Jayne 1999a; Korff and McHenry 2011). Another particular feature of this lizard is bipedalism that is performed when running in high speeds. We predicted that the particular microarchitecture of the toes together with bipedalism would affect the center of mass and, ergo, sprint performance (maximum speed and maximum instant acceleration). We measured several limb morphological parameters, recorded sprint performance before and after tail shedding, and formulated three hypotheses: First, we predicted that longer toepads would have more and larger fringes providing higher sprint performance. Second, we anticipated that when lizards perform bipedalism, they would run faster. Third, we predicted that tail autotomy would cause shifts in the ability for bipedal locomotion and total body mass and consequently would affect sprint speed, though in a way we could not prefigure because of the high variation in post-autotomic effects.

Materials and methods

Study species

The Schreiber's spiny-footed lizard (*A. schreiberi* Boulenger, 1878; Lacertidae) is a medium-sized lizard with a snout-vent length (SVL) ranging between 73 and 93 mm for males and 55–76 mm for females (Baier et al. 2009). The tail is particularly long (two thirds of the total body length), and lizards use it as a counterbalance when running: after the first one or two meters, when lizards achieve high speed, they raise their tail to the level of the body (Baier et al. 2009, and pers. observ.).

When lizards perform bipedal running, they somehow curve their tail (pers. observ.).

We captured 35 individuals near Geri (Cyprus, $35^{\circ} 05' 50''$ N, $33^{\circ} 26' 21''$ E). Sampling was performed from April to August 2015. We only captured individuals with intact tails and separated them into three groups according to age and sex (14 males, 10 females, and 11 juveniles).

The lizards were kept in the laboratory under a stable temperature of 26 °C in individual terraria $(30 \times 30 \times 30 \text{ cm})$ with an incandescent heating lamp (100 W) suspended over the terraria providing a controlled photoperiod (12-h light and 12-h dark). We provided the lizards with food (*Tenebrio molitor* larvae) every day and fresh water ad libitum. Lizards were kept in the laboratory up to 2 weeks and after the completion of the experiment were released at the sampling site.

Morphological measurements

Before any trial, we measured with a digital caliper (Silverline 380244, accurate to 0.01 mm) the following morphometric characters: SVL, tail length, fore- and hindlimb length, distance between fore- and hindlimb length, pelvis breadth, and fore and hind toepad length (all above measurements in centimeters). In order to test whether longer toepads carry more developed fringes, we counted the total number of fringes and measured the length of the two longest fringes (mm) on the longest toe (mm) (left hindlimb). Finally, to check for possible effects of body temperature on locomotor performance trials, we measured body temperature before and after autotomy (using a Miller & Weber, Inc. cloacal thermometer).

Sprint performance

Experimental design was based on previous studies of locomotor performance (Huey and Hertz 1984; Avery et al. 1987a, b; Irschick and Jayne 1998; Martin and Avery 1998; Kaliontzopoulou et al. 2012; Vanhooydonck et al. 2015). We used a custom racetrack $(250 \times 12 \text{ cm})$ with a cork substrate, scaling marks on its underside at 10-cm increments, and a clear acrylic glass at the front. Each lizard ran five times on the track with hourly breaks in-between. Sprint was stimulated by tapping the lizard with a paintbrush on the base of the tail. With a digital camera (Olympus SH-60), we recorded each trial at 240 frames per second (fps) to calculate maximum speed and maximum instant acceleration. All individuals were allowed to thermoregulate at a thermal gradient, implied in a specifically designed terrarium with a heating lamp on one end and ice bags on the other (Van Damme et al. 1986). All lizards were thermoregulated for 1 h prior to each trial, because maximum performance is expected at the preferred temperature (Irschick and Losos 1998).

Trials were evaluated as "good" (the lizard covered at least a 50-cm distance with a constant sprint performance) or

"bad," in order to obtain only data close to the maximum performance abilities (Losos et al. 2001). Trials (or individuals with less than two good trials) that did not meet these criteria were eliminated. Maximum speed was calculated as meters per second (m/s) for 20-cm distances (using the scale on the racetrack's backside). We chose the fastest 20-cm pass from all five trials, based on the number of frames needed to cover each 20-cm distance and the known frame rate (240 fps) (Avery et al. 1987a, b). In the case of instant acceleration, we digitized the position of the lizard's snout on every frame of each trial on x- and y-axes with a digitizing tool (MATLAB DLTdataviewer3, Hedrick 2008). Then, we calculated the Euclidean distance as the displacement of the snout among all sequential frames and used a scaling factor in order to transform the obtained displacement from pixel distance into meters. Next, we filtered the data using a fourth-order zerophase shift Butterworth low-pass data noise filter in VBA for EXCEL (Van Wassenbergh 2007) and calculated the instant acceleration in meters per second as the second derivative of the scaled filtered displacement against time. We kept the highest value from all trials per individual, as their maximum instant acceleration. Last, we marked the trials where the lizards performed bipedalism.

The abovementioned procedures were performed before and after autotomy. To stimulate tail autotomy, we used the methodology proposed by Pérez-Mellado et al. (1997). Briefly, we grasped the tail with a digital vernier caliper 20 mm behind the cloaca until it was autotomized. Next, we placed the lizards in a terrarium with a heating lamp (100 W) with food and water for at least 3 days before any postautotomy trials, in order to let the animal recover and thus measure the maximal sprint values. Nonetheless, we have to acknowledge that this acclimatization period might give lizards the time to become habituated to their new locomotor condition, thus alleviating somewhat the direct effects of tail loss on sprint performance.

Statistical analyses

In order to remove possible influence of body size on sprint performance, we used the following formula, proposed by Lleonart et al. (2000):

$$Y_{i}^{*} = Y_{i} \left(\frac{X_{m}}{X_{i}}\right)^{b}$$

where Y_i is the observed value (morphological characteristic) for each individual, X_m is the average SVL for each group, X_i is the SVL of each individual, and b is the slope of the regression of each morphological characteristic measurement against SVL.

Normality of data (morphometric variables and temperature) was tested by Shapiro-Wilk test and homogeneity of variances with Levene's test before any statistical analyses. All individuals (N = 35) were included in statistical analyses of characters and performance, except for maximum speed (in this case, one male and two females were excluded) and for acceleration after autotomy (also one male was excluded).

To test body temperature before and after autotomy for each individual, we used a paired t test. We also tested for differences in body temperature before and after autotomy among the three groups using one-way ANOVA. We also used Spearman's rank correlation coefficient to test whether sprint performance was correlated with body temperature and to test for correlation among toepad length, total number of fringes, and the length of the two longest fringes. Effects of morphometric values on performance were identified using a multimodel inference approach introduced by Burnham and Anderson (2002). First, we used linear multiple regression models incorporating all characters, after checking for multicollinearity (elimination threshold VIF >0.10). Then, we ranked all possible subset models for each dependent variable (e.g., max. speed) according to their AICc values. Next, we selected only the models with a \triangle AICc value lower than two. We averaged the selected subset models, and, based on their averaged coefficients (b), we assessed the effect for each remaining character. The predictive power of each model was evaluated based on the adjusted R^2 value from a subset model that incorporates only the characters found in the models with \triangle AICc value lower than two (Burnham and Anderson 2002, Mammides et al. 2016). Weight loss percentage (WLP) was also included in the analysis for model testing performance after tail autotomy. MANOVA was used to check for differences in morphometric characters (dependent variables) among the three groups (grouping factor). Differences in sprint performance before and after autotomy were evaluated with paired t tests. We also applied ANOVA to test for differences among groups in the ratio of tail length to SVL, in order to evaluate possible effects of tail length on performance.

Results

Body temperature before and after autotomy did not differ among individuals (paired t test; N = 35; $t_{(34)} = -1.32$; P = 0.193) or groups (ANOVA; temperatures before: $F_{(2,32)} = 2.586$, P = 0.091; temperatures after: $F_{(2,32)} = 0.959$, P = 0.394) (Table 1). The overall performance was not correlated with temperature variation during treatments (Table 1).

All morphometric measurements, even after correcting for body size, differed among the three groups, except for fore toepad length and pelvis breadth (Table 2). SVL was linearly correlated to body mass both before and after autotomy in all groups (Table 3). Fringe features had a rather low variation (number of fringes: 20–25, longest fringe: 0.55–0.75 mm, second longest fringe: 0.5–0.75 mm, toepad length: 1.8–2.5 mm). Fringe length was positively related to toepad length, among six individuals (first longest fringe: $r_s = 0.955$, P = 0.003, second longest fringe: $r_s = 0.938$, P = 0.006). Number of fringes on the longest toe was negatively correlated with toepad length ($r_s = -0.885$, P = 0.019).

Juveniles performed higher maximum speed than males before autotomy (ANOVA; $F_{(2,32)} = 3.660$, P = 0.037, post hoc Tukey honest significant difference (HSD) test: malesjuveniles: P = 0.029), and that was the only significant difference for the performance among groups, either pre- or postautotomy. Average maximum speed and maximum instant acceleration for the three groups are given in Fig. 1.

Performance was affected by different morphometric characters in each group (Fig. 2 and Table 4). For males, maximum speed before autotomy was negatively affected by hindlimb length and distance between limbs and positively by hind toepad length. Maximum speed after autotomy was negatively affected by fore toepad length and pelvis breadth, but the model had low predictive power. Maximum instant acceleration before autotomy was negatively affected by distance between limbs and positively by hind toepad and hindlimb length. Maximum instant

Table 1Mean temperatures and standard deviation (SD) among individuals and groups, and correlation between selected body temperature (T_b) andperformance before and after tail autotomy

Mean temp	eratures amo	ong individu	als (°C)	Mean t	emperat	ures amo	ng grouj	os (°C)							
Ba	SD	Aa	SD	Males ((N = 14)			Female	es ($N = 1$.0)		Juven	iles (N =	= 11)	
33.06	1.47	33.41	1.50	Ba	SD	Aa	SD	Ва	SD	Aa	SD	Ba	SD	Aa	SD
				33.71	1.38	33.55	1.33	32.75	1.31	32.87	1.74	32.5	1.52	33.72	1.46
				Spearm	nan's ran	k correla	tion coe	fficient. N	Jone wa	s statistic	ally sign	ificant (a = 0.05	5)	
								T _b —sp	eed			T _b —a	ccelerati	ion	
				Ba				-0.054				-0.07	8		
				Aa				0.231				0.273			

Ba before autotomy, Aa after autotomy

Table 2 MANOVA results for morphometric measurements (after normalizing against body size) among the three groups

Character	$F_{(2,32)}$	<i>P</i> <	Males $(N = 14)$			Females $(N = 10)$			Juveniles $(N = 11)$					
			<i>P</i> <				<i>P</i> <				<i>P</i> <			
			Mean	SD	Females	Juveniles	Mean	SD	Males	Juveniles	Mean	SD	Males	Females
Snout-vent length	29.8	0.001	7.57	0.26	0.001	0.001	6.90	0.56	0.001	0.001	5.90	0.53	0.001	0.001
Forelimb length	524.4	0.001	0.028	0.02	0.001	0.001	1.752	0.24	0.001	0.001	0.423	0.02	0.001	0.001
Hindlimb length	1024.4	0.001	0.639	0.63	0.001	0.001	3.960	0.39	0.001	0.001	0.215	0.01	0.001	0.001
Pelvis breadth (PBR)	430.7	0.001	0.010	0.007	0.001	0.225	0.405	0.06	0.001	0.001	0.034	0.006	0.225	0.001
Distance between limbs	330.3	0.001	0.124	0.12	0.001	0.001	0.514	0.06	0.001	0.001	0.311	0.01	0.001	0.001
Fore toepad length	591.7	0.001	0.026	0.002	0.001	0.989	0.738	0.10	0.001	0.001	0.023	0.002	0.989	0.001
Hind toepad length	878.8	0.001	0.329	0.009	0.001	0.001	1.210	0.10	0.001	0.001	0.258	0.01	0.001	0.001

Mean values (cm) and results of post hoc Tukey HSD tests for all combinations are also given

acceleration before autotomy was negatively affected by pelvis breadth and weight loss percentage.

In females, maximum speed before autotomy was affected negatively by SVL and positively by hind toepad length. Furthermore, maximum instant acceleration after autotomy was affected negatively by SVL and positively by pelvis breadth. We found no effect of these characteristics on maximum speed after autotomy or maximum instant acceleration before autotomy.

In juveniles, no morphometric characteristic did affect maximum speed before or after autotomy, whereas maximum instant acceleration before autotomy was affected by the distance between limbs (negatively) and pelvis breadth (positively). After autotomy, maximum instant acceleration of juveniles was affected negatively by pelvis breadth and distance between limbs and positively by fore and hind toepad length.

Individuals from all groups exerted bipedalism before tail autotomy, with juveniles using bipedalism in higher frequency than males and females (percentage of individuals performing bipedalism before tail autotomy: males 64%, females 60%, and juveniles 91%). Also, during the pre-autotomic trials, all individuals that practiced bipedalism performed at their highest level (see Table 3; only maximum acceleration in females did not differ significantly during bipedalism). Only juveniles exhibited bipedalism after tail autotomy, but to much lower frequency compared to pre-autotomy situation

 Table 3
 Results of correlations (Spearman's rank correlation coefficient) between snout-body length (SVL) and body mass before and after tail autotomy for each group

_	Males	Females	Juveniles
Before autotomy	0.840	0.798	0.989
After autotomy	0.810	0.760	0.954

All correlations are significant (P < 0.01)

(percentage of individuals performing bipedalism after tail autotomy: males 0%, females 0%, and juveniles 27.3%).

Maximum speed and maximum instant acceleration before and after autotomy differed only in females (paired t test; speed: N = 8, $t_{(31)} = 3.172$, P = 0.016; mean before = 2.39, SD = 0.32; mean after = 2.09, SD = 0.39; acceleration: N = 10, $t_{(31)} = 3.354$, P = 0.008; mean before = 105.63, SD = 18.3; mean after = 89.22, SD = 23.58). Even though body weight reduction after autotomy was significant in all groups (males: N = 14, $t_{(13)} = 12.644$, P = 0.00, reduction mean = 1.41, SD = 0.41; females: N = 10, $t_{(9)} = 14.230$, P < 0.001, reduction mean = 0.90, SD = 0.20; juveniles: N = 11, $t_{(10)} = 10.844$, P < 0.001, reduction mean = 0.76, SD = 0.23), this weight loss did not seem to affect their overall performance levels (except for females as mentioned previously) (Fig. 1). Females had a significantly lower tail length/SVL ratio than both males and juveniles (ANOVA; $F_{(2,33)} = 11.216$, P < 0.001, post hoc Tukey HSD test: males-females: P < 0.001, females-juveniles: P = 0.007) (mean ratios: males = 1.75, SD = 0.11; females = 1.44, SD = 0.20; juveniles = 1.69, SD = 0.18).

Discussion

Locomotor performance is influenced by numerous factors. Here, we studied how morphology and shifts in center of mass, imposed by bipedalism and tail loss, affected sprint performance in a skillful lizard runner. Our initial predictions were only partially verified. Limb and toepad length had limited but obvious effects on sprint performance. Tail autotomy affected only females, in which tail loss caused a significant deceleration in maximum speed and decreased maximum instant acceleration. However, tail loss impact was more important in regard to bipedalism: adult lizards that shed their tail were incapable of bipedalism after autotomy, whereas juveniles continued to perform bipedal locomotion, though in Fig. 1 Average sprint performance and standard errors (*black bar*) for males, females, and juveniles before (*blue*) and after (*red*) autotomy. Sample size after standard errors and significant differences are given with *asterisks*



much lower percentages. Bipedalism had a favorable effect on sprint performance: all individuals that exerted bipedalism were much faster compared to their peers that used the typical quadrupedal locomotion.

Males did not perform at their highest levels (they did more bad trials than females and juveniles) both before and after autotomy (before autotomy, males: 43 good and 27 bad trials, females: 37 good and 13 bad trials, and juveniles: 45 good and 10 bad trials; after autotomy, males: 42 bad and 28 good trials, females: 34 good and 16 bad trials, and juveniles: 49 good and 6 bad trials). Given that experimental treatment was identical for all groups, this lack of ability to achieve high performance could be attributed to different male antipredator responses. In most lizards, males are highly territorial and often engage to aggressive encounters with conspecifics (Lailvaux and Irschick 2007; McEvoy et al. 2012; Cooper et al. 2015). At the same time, though, they have to be alert for possible predators. In other words, they have to defend themselves against a predator on the one hand and to protect their territory from a rival on the other. This demanding situation might turn males bolder and less responsive to external stimuli (Cooper 1997; Martin and López 1999). Another factor that may affect male response is predator size (Cooper and Stankowich 2010), which in our case was not tested, as "predator" was simulated by the use of pincers and was the same in all treatments.

Morphometric characters differed significantly among the three groups, even after removing the effect of body size (Table 2), and appeared to affect sprint performance in various ways. A notable point from our results is the limited (negative) effect of hindlimb length (only in the male's speed and acceleration before autotomy) that contradicts most previous studies reporting that hindlimb length affects sprint performance (e.g., Stiller and McBrayer 2013; Sathe and Husak 2015). Interestingly, hind toepad length had a positive effect on speed and/or acceleration in all groups. This finding agrees with our first hypothesis (longer toepads would have longer and more fringes that would increase sprint performance). Longer toepads had indeed longer (but not more) fringes. Thus, it seems that the decisive factor here was the length and not the number of fringes. These longer fringes seem to provide better traction and, consequently, support higher sprint performance. Toe fringes are an adaptation to sandy substrates (not restricted to these though), and, besides locomotion, they are associated with other activities such as "swimming" through sand and digging (Higham 2015). The potential alternative uses of fringes in *A. schreiberi* remain to be investigated.

Sci Nat (2017) 104:3

Even though our findings did not corroborate the hypothesized positive effect of limb morphology on sprint performance, they shed light on the alterations that tail autotomy may cause in body balance. According to our results, fore toepad length and pelvis breadth became significant predictors of speed and/or acceleration in males after autotomy, whereas hindlimb-related features were significant before autotomy. A similar situation was found in females, where hind toepad length and SVL were significant predictors of speed before autotomy, while pelvis breadth and SVL became significant predictors of acceleration after autotomy. These changes should be attributed to the anterior displacement of the body's center of mass after tail loss. The effects of tail shedding on body mechanics yielded interesting findings and represent a promising research avenue (Arnold 1984; Martin and Avery 1998; Fleming et al. 2009; McElroy and Bergmann 2013).

In full agreement with our second hypothesis, bipedalism led to a generally higher sprint performance in all groups (Table 5). Bipedalism was quite common in adults (over 60%) and certainly the rule for juveniles that performed bipedalism in 91% of the cases, before tail autotomy. During bipedalism, the body's center of mass is displaced to the rear, thus lizards can better accelerate and increase maximum speed (Irschick and Jayne 1999b; Aerts et al. 2003; Dhongra 2004). Like its congeneric *Acanthodactylus erythrurus* (Aerts et al. 2003), *A. schreiberi* exerts bipedalism to improve its locomotor performance, as do species that live in open habitats (Vanhooydonck and Van Damme 2003). Bipedalism is quite rare among lacertid lizards and thus remains largely

Fig. 2 Radar charts showing the effect of each character according to their beta values in the significant models found for sprint performance in each group. **a** Max. speed before and after autotomy in males. **b** Max. speed before autotomy in females. **c** Max. instant acceleration before autotomy in males. **d** Max. instant acceleration after autotomy in males. **e** Max. instant acceleration after autotomy in females. **f** Max. instant acceleration before and after autotomy in juveniles. *Blue color* refers to the models before autotomy and *red color* to the models after autotomy. Codes for *characters* as in Table 3



Table 4Results of multipleregression of morphometriccharacters on locomotorperformance after modelaveraging

Males			
	Maximum speed before autot	omy—linear model, $R^2 = 0.538$	
Character	beta	b	i
HLL	-0.37465	-7.7494	0.67
HTL	0.1755	15.545	0.41
DBL	-0.0909	-16.313	0.22
	Maximum speed after autotor	ny—linear model, $R^2 = 0.273$	
	beta	b	i
PBR	-0.21423	-91.350	0.43
FTL	-0.06152	-9.817	0.17
	Maximum instant acceleration	before autotomy—linear model, R^2 =	= 0.617
	beta	b	i
DBL	-0.4099	-901.1	0.72
HTL	0.2437	488.5	0.53
HLL	-0.1597	-116.2	0.34
	Maximum instant acceleration	before autotomy—linear model, R^2 =	= 0.691
	beta	b	i
PBR	-0.81086	-25,624.69	1
WLP	-0.08312	-69.27	0.3
Females			
	Maximum speed before autot	omy—linear model, $R^2 = 0.636$	
Character	beta	b	i
SVL	-0.4635	-0.3642495	0.72
HTL	0.1168	1.4152143	0.25
	Maximum instant acceleration	a after autotomy—linear model, $R^2 =$	0.533
	beta	b	i
SVL	-0.3704	-25.37634	0.60
PBR	0.1924	180.71498	0.38
Juveniles			
	Maximum instant acceleration	before autotomy—linear model, R^2 :	= 0.482
Character	beta	b	i
DBL	-0.3337	-932.5397	0.28
PBR	0.3740	2866.9728	0.28
	Maximum instant acceleration	a after autotomy—linear model, $R^2 =$	0.921
	beta	b	i
FTL	0.4574	2620.124	1
HTL	0.9493	989.3565	1
PBR	-0.1988	-1293.2941	0.34
DBL	-0.3873	-472.2211	0.66

Only characters with significant effects are shown. Percentage of variance explained (R^2) is given for the linear model including only the significant characters

HLL hindlimb length, *HTL* hind toepad length, *DBL* distance between limbs, *PBR* pelvis breadth, *FTL* fore toepad length, *HTL* hind toepad length, *SVL* snout-vent length, *WLP* weight loss percentage, *beta* standardized regression coefficient, *b* unstandardized regression coefficient, *i* percentage of models in which the respective character is significant

understudied. The few published papers reported that lacertids could run on their hindlimbs from the first meters after the initiation of the motion (Aerts et al. 2003; Vanhooydonck and Van Damme 2003), in contrast to agamids that perform bipedalism simply as a result of exceeding acceleration threshold, something that does not affect the overall performance of the lizard (Clemente et al. 2008).

Tail shedding induced dramatic shifts in the extent of bipedalism. No adult was able to run on their hindlimbs after autotomy, and the percentage of juveniles decreased to only

Table 5 Comparison of bipedal and quadrupedal sprint performance for individuals that performed bipedalism

Sprint performance							
Maximum speed (m/s))	Maximum instant acceleration (m/s^2)					
No bipedalism	Bipedalism	No bipedalism	Bipedalism				
Males							
Paired t test: -3.68, P	= 0.006	Paired t test: -3.28, P	= 0.011				
2.17	2.77	89.7	106.6				
1.85	2.17	76	83.4				
1.85	2.27	84.3	88.1				
1.72	2.5	80.9	118.5				
1.61	1.47	57.8	60.2				
1.85	1.92	94.3	102.8				
1.92	2.22	66.4	100.4				
2.22	2.43	103.4	139.4				
1.92	2.5	92	94.5				
Females							
Paired t test: -3.99, P	= 0.010	Paired t test: -1.92 , P	> 0.05				
2	2.7	89.2	90.3				
2.12	2.32	90.9	92.2				
2.32	2.63	107.2	125.4				
2.17	2.5	97.3	99.1				
1.72	2.22	69	103				
2.08	2.17	110	116				

56.4

 $-/63.8^{a}$

102.5

104.6

89.5

74.9

72.1

-/105.6^a

123.8/112.3ª

Significant results of paired t tests in ital

Paired t test: -6.03, P < 0.001 (before autotomy)

2.63

2.63

2.7

2.5

2.5

2.17

2.17

2.77/3.22^a

3.03/2.94^a

2.12/2.27^a

^a Before/after autotomy

2 2.12 2.32 2 17 1.72 2.08 Juveniles

1.78

2.38

2.32

2.00

1.72

1.66

 $-/2.17^{a}$

2.56/2.70

 $-/2.85^{a}$

27.3%. This limited ability of bipedalism in juveniles, even after tail autotomy, can explain the synergistic positive effect of fore and hind toepad length on acceleration. The loss of the tail results in anterior displacement of the body's center of mass and thus reduces the ability of bipedal run in postautotomic trials (McElroy and Bergmann 2013). The fact that juveniles expressed this ability to a higher extent than adults, even after autotomy, might be due to ontogenetic differences in the overall distribution of body mass. Such differences can decrease the effects of the displacement of the body's center of mass in smaller and lighter individuals. Our results are in full accordance with Snyder's classical study (1949), which found that basilisk lizards lost their bipedal ability when their tail was removed and attributed that alteration to the importance of the tail as counterbalance.

Paired t test: -3.77, P = 0.009 (before autotomy)

110.4

106.7

108.3

128.6

114.9

117.8

88.1

132.3/119^a

95.4/106.6^a

89.4/102.8^a

Tail shedding did not have the same effect on sprint performance in all groups, despite the loss of mass that it implies. Sprint performance in males and juveniles did not change prior to, and after, autotomy. The ratio tail length/SVL was lower in females, advocating a higher deceleration in males and juveniles since they lose a larger part of their tail and total body length. On the contrary, females demonstrated slower maximum speed and maximum instant acceleration after autotomy (Fig. 1). The tail autotomy's effects on locomotion do not conform to a general, universal rule. Tailless lizards may increase, decrease, or maintain their sprint performance unchanged (McElroy and Bergmann 2013). Nonetheless, all individuals of a given species follow the same pattern, regardless of sex or age. Our results differ from previous research in the sense that tail autotomy did not have the same impact on all groups. Our data could not explain the observed exception in the case of the slower females. This issue invites further research in the future.

Locomotion enables animals to explore and exploit their environment (Vanhooydonck et al. 2006). This study comes to enhance the growing literature on lizard locomotion (Vanhooydonck et al. 2014). Our results elucidate the interactions among toe fringes, bipedalism and tail autotomy, and their impact on sprint performance. Fine-tuned studies that investigate microarchitecture and behavioral particularities (Irschick 2000; Bartlett et al. 2012; Higham 2015) will provide new evidence for the better understanding of locomotion patterns.

Acknowledgements For this study, we followed all international, national (Cyprus Law on the use of Animals in Scientific Experiments, 133(I)/2005), and institutional guidelines for the care and use of animals. We are grateful to Mrs. H. Mair for the linguistic editing of the text.

References

- Aerts P, Van Damme R, Daout K, Vanhooydonck B (2003) Bipedalism in lizards: whole-body modelling reveals a possible spandrel. Phil Trans R Soc London B 358:1525–1533
- Alexander RM (2003) Principles of animal locomotion. Princeton University Press, Princeton
- Amaya CC, Klawinski PD, Formanowicz DR (2001) The effects of leg autotomy on running speed and foraging ability in two species of wolf spider, (Lycosidae). Am Midl Nat 145:201–205
- Arnold EN (1984) Evolutionary aspects of tail shedding in lizards and their relatives. J Nat Hist 18:127–169
- Arnold EN (1988) Caudal autotomy as a defense. In: Gans C, Huey R (eds) Biology of the Reptilia. Alan R Liss, New York, pp. 235–273
- Avery RA, Mueller CF, Smith JA, Bond DJ (1987a) Speeds and movement patterns of European lacertid lizards: a comparative study. J Herpetol 21:324–329
- Avery RA, Mueller CF, Smith JA, Bond DJ (1987b) The movement patterns of lacertid lizards: speed, gait and pauses in *Lacerta vivipara*. J Zool 211:47–63
- Bateman PW, Fleming PA (2009) To cut a long tail short: a review of lizard caudal autotomy studies carried out over the last 20 years. J Zool 277:1–14
- Baier F, Sparrow DJ, Wield HJ (2009) The amphibians and reptiles of Cyprus. Andreas S Brahm, Frankfurt
- Bartlett MD, Croll AB, King DR, Paret BM, Irschick DJ, Crosby AJ (2012) Looking beyond fibrillar features to scale gecko like adhesion. Adv Mater 24:1078–1083
- Bauer AM, Russell AP (1991) Pedal specializations in dune-dwelling geckos. J Arid Environ 20:43–62

- Bauer AM, Russell AP, Powell GL (1996) The evolution of locomotor morphology in the genus *Rhoptropus* (Squamata: Gekkonidae). Afr J Herpetol 45:8–30
- Bauwens D, Garland T Jr, Castilla AM, Van Damme R (1995) Evolution of sprint speed in lacertid lizards: morphological, physiological and behavioral covariation. Evolution 49:848–863
- Bergmann PJ, Irschick DJ (2010) Alternate pathways of body shape evolution translate into common patterns of locomotor evolution in two clades of lizards. Evolution 64:1569–1582
- Bonine KE, Garland T Jr (1999) Sprint performance of phrynosomatid lizards, measured on a high-speed treadmill, correlates with hindlimb length. J Zool 248:255–265
- Bramble DM, Lieberman DE (2004) Endurance running and the evolution of *Homo*. Nature 432:345–352
- Brown RM, Taylor DH, Gist DH (1995) Effect of caudal autotomy on locomotor performance of wall lizards (*Podarcis muralis*). J Herpetol 29:98–105
- Burnham KP, Anderson DR (2002) Model selection and multimodel inference: a practical information-theoretic approach. Springer-Verlag New York, Inc., New York
- Carothers JH (1986) An experimental confirmation of morphological adaptation: toe fringes in the sand-dwelling lizard *Uma scoparia*. Evolution 40:871–874
- Clemente CJ (2014) The evolution of bipedal running in lizards suggests a consequential origin may be exploited in later lineages. Evolution 68:2171–2183
- Clemente CJ, Withers PC, Thompson G, Lloyd D (2008) Why go bipedal? Locomotion and morphology in Australian agamid lizards. J Exp Biol 211:2058–2065
- Cooper WE (1997) Factors affecting risk and cost of escape by the broadheaded skink (*Eumeces laticeps*): predator speed, directness of approach, and female presence. Herpetologica 53:464–474
- Cooper WE, Dimopoulos I, Pafilis P (2015) Sex, age, and population density affect aggressive behaviors in island lizards promoting cannibalism. Ethology 121:260–269
- Cooper WE, Stankowich T (2010) Prey or predator? Body size of an approaching animal affects decisions to attack or escape. Behav Ecol 21:1278–1284
- Cooper WE, Wilson DS, Smith GR (2009) Sex, reproductive status, and cost of tail autotomy via decreased running speed in lizards. Ethology 115:7–13
- Cromie G, Chapple DG (2012) Impact of tail loss on the behavior and locomotor performance of two sympatric *Lampropholis* skink species. PLoS One 7:e34732
- Daniels C (1983) Running: an escape strategy enhanced by autotomy. Herpetologica 12:162–165
- Denny M (1980) Locomotion: the cost of gastropod crawling. Science 208:1288–1290
- Dhongra PH (2004) Comparative bipedalism—how the rest of animals kingdom walks on two legs. Philosophistry. http://www.philosophistry.com/static/bipedalism.html
- Elliott JP, Cowan IM, Holling CS (1977) Prey capture by the African lion. Can J Zool 55:1811–1182
- Fleming PA, Verburgt L, Scantlebury M, Medger K, Bateman PW (2009) Jettisoning ballast or fuel? Caudal autotomy and locomotory energetics of the Cape dwarf gecko Lygodactylus capensis (Gekkonidae). Physiol Biochem Zool 82:756–765
- Foster KL, Higham TE (2012) How forelimb and hindlimb function changes with incline and perch diameter in the green anole, *Anolis carolinensis*. J Exp Biol 215:2288–2300
- Garland T (1983) The relation between maximal running speed and body mass in terrestrial mammals. J Zool 199:157–170
- Garland T, Losos JB (1994) Ecological morphology of locomotor performance in squamate reptiles. In: Wainwright PC, Reilly SM (eds) Ecological morphology: integrative organismal biology. University of Chicago Press, Chicago, pp. 240–302

- Gillis GB, Bonvini LA, Irschick DJ (2009) Losing stability: tail loss and jumping in the arboreal lizard *Anolis carolinensis*. J Exp Biol 212: 604–609
- Gillis GB, Kuo CY, Irschick D (2013) The impact of tail loss on stability during jumping in green anoles (*Anolis carolinensis*). Physiol Biochem Zool 86:680–689
- Hedrick TL (2008) Software techniques for two- and three-dimensional kinematic measurements of biological and biomimetic systems. Bioinsp Biomim 3:034001
- Higham T (2015) Bolting, bouldering, and burrowing: functional morphology and biomechanics of pedal specialisations in desertdwelling lizards. In: Bininda-Emonds ORP, Powell GL, Jamniczky HA, Bauer AM, Theodor J (eds) All animals are interesting: a Festschrift in honour of Anthony P. Russell. BIS Verlag, Oldenburg, pp. 279–301
- Higham TE, Russell AP, Zani PA (2013) Integrative biology of tail autotomy in lizards. Physiol Biochem Zool 86:603–610
- Huey RB, Dunham AE, Overall KL, Newman RA (1990) Variation in locomotor performance in demographically known populations of the lizard *Sceloporus merriami*. Physiol Zool 63:845–872
- Huey RB, Hertz PE (1984) Effects of body size and slope on acceleration of a lizard (*Stellio stellio*). J Exp Biol 110:113–123
- Husak JF, Fox SF, Lovern MB, Bussche RA (2006) Faster lizards sire more offspring: sexual selection on whole-animal performance. Evolution 60:2122–2130
- Irschick DJ (2000) Effects of behaviour and ontogeny on the locomotor performance of a West Indian lizard, Anolis lineatopus. Funct Ecol 14:438–444
- Irschick DJ, Jayne BC (1998) Effects of incline on speed, acceleration, body posture and hindlimb kinematics in two species of lizard *Callisaurus draconoides* and *Uma scoparia*. J Exp Biol 201:273– 287
- Irschick DJ, Jayne BC (1999a) A field study of the effects of incline on the escape locomotion of a bipedal lizard, *Callisaurus draconoides*. Physiol Biochem Zool 72:44–56
- Irschick DJ, Jayne BC (1999b) Comparative three-dimensional kinematics of the hindlimb for high-speed bipedal and quadrupedal locomotion of lizards. J Exp Biol 202:1047–1065
- Irschick DJ, Losos JB (1998) A comparative analysis of the ecological significance of maximal locomotor performance in Caribbean *Anolis* lizards. Evolution 52:219–226
- Jagnandan K, Russell AP, Higham TE (2014) Tail autotomy and subsequent regeneration alter the mechanics of locomotion in lizards. J Exp Biol 217:3891–3897
- Kaliontzopoulou A, Bandeira V, Carretero MA (2012) Sexual dimorphism in locomotor performance and its relation to morphology in wall lizards (*Podarcis bocagei*). J Zool 289:294–302
- Kelehear C, Webb JK (2006) Effects of tail autotomy on anti-predator behavior and locomotor performance in a nocturnal gecko. Copeia 4:803–809
- Korff WL, McHenry MJ (2011) Environmental differences in substrate mechanics do not affect sprinting performance in sand lizards (*Uma* scoparia and Callisaurus draconoides). J Exp Biol 214:122–130
- Lailvaux SP, Irschick DJ (2007) The evolution of performance-based male fighting ability in Caribbean Anolis lizards. Am Nat 170: 573–586
- Libby T, Moore TY, Chang-Sui E, Li D, Cohen DJ, Jusufi A, Full RJ (2012) Tail-assisted pitch control in lizards, robots, and dinosaurs. Nature 481:181–184
- Lleonart J, Salat J, Torres GJ (2000) Removing allometric effects of body size in morphological analysis. J Theor Biol 205:85–93
- Losos JB (1990) The evolution of form and function: morphology and locomotor performance in West Indian *Anolis* lizards. Evolution 44: 1189–1203

- Losos JB, Irschick DJ (1996) The effect of perch diameter on escape behaviour of *Anolis* lizards: laboratory predictions and field tests. Anim Behav 51:593–602
- Losos JB, Sinervo B (1989) The effects of morphology and perch diameter on sprint performance of *Anolis* lizards. J Exp Biol 145:23–30
- Losos JB, Schoener TW, Warheit KI, Creer D (2001) Experimental studies of adaptive differentiation in Bahamian Anolis lizards. In: Microevolution Rate, Pattern, Process. Springer, Netherlands, pp 399–415
- Luke C (1986) Convergent evolution of lizard toe fringes. Biol J Linn Soc $27{:}1{-}16$
- Macrini T, Irschick DJ, Losos JB (2003) Ecomorphological differences in toepad characteristics between mainland and island anoles. J Herpetol 37:52–58
- Mammides C, Kounnamas C, Goodale E, Kadis C (2016) Do unpaved, low-traffic roads affect bird communities? Acta Oecol 71:4–21
- Martin J, Avery R (1998) Effects of tail loss on the movement patterns of the lizard, *Psammodromus algirus*. Funct Ecol 12:794–802
- Martin J, López P (1999) Nuptial coloration and mate guarding affect escape decisions of male lizards *Psammodromus algirus*. Ethology 105:439–447
- McElroy EJ, Bergmann PJ (2013) Tail autotomy, tail size, and locomotor performance in lizards. Physiol Biochem Zool 86:669–679
- McElroy EJ, Hickey KL, Reilly SM (2008) The correlated evolution of biomechanics, gait and foraging mode in lizards. J Exp Biol 211: 1029–1040
- McEvoy J, While GM, Sinn DL, Wapstra E (2012) The role of size and aggression in intrasexual male competition in a social lizard species, *Egernia whitii*. Behav Ecol Sociobiol 67:79–90
- Melville J, Swain R (2000) Evolutionary relationships between morphology, performance and habitat openness in the lizard genus *Niveoscincus* (Scincidae: Lygosominae). Biol J Linnean Soc 70: 667–683
- Miles DB (1994) Covariation between morphology and locomotor performance in sceloporine lizards. In: Vitt LJ, Pianka ER (eds) Lizard ecology: historical and experimental perspectives. Princeton University Press, Princeton, pp. 207–235
- Miles DB (2004) The race goes to the swift: fitness consequences of variation in sprint performance in juvenile lizards. Evol Ecol Res 6:63–75
- Pafilis P, Pérez-Mellado V, Valakos (2008) Post autotomy tail activity in Balearic wall lizard, *Podarcis lilfordi*. Naturwissenschaften 95:217– 221
- Pafilis P, Valakos ED (2008) Loss of caudal autotomy during life in Balkan green lizard (*Lacerta trilineata*). J Nat Hist 42:409–419
- Pérez-Mellado V, Corti C, Lo Cascio P (1997) Tail autotomy and extinction in Mediterranean lizards. A preliminary study of continental and insular populations. J Zool 243:533–541
- Perry G, LeVering K, Girard I, Garland T (2004) Locomotor performance and social dominance in male *Anolis cristatellus*. Anim Behav 67: 37–47
- Punzo F (1982) Tail autotomy and running speed in the lizards Cophosaurus texanus and Uma notata. J Herpetol 16:329–331
- Russell AP, Bels V (2001) Biomechanics and kinematics of limb-based locomotion in lizards: review, synthesis and prospectus. Comp Biochem Physiol 131:89–112
- Russell AP, Johnson MK (2007) Real-world challenges to, and capabilities of, the gekkotan adhesive system: contrasting the rough and the smooth. Can J Zool 85:1228–1238
- Salvador A (1982) A revision of the lizards of the genus *Acanthodactylus* (Sauria: Lacertidae). Bonn: Zoologisches Forschungsinstitut und Museum Alexander Koenig.
- Saltin B, Rose RJ, Cluer DD (1994) The racing camel (*Camelus dromedarius*). Physiology, metabolic functions and adaptations. Acta Physiol Scand 617:9–11

- Sathe EA, Husak JF (2015) Sprint sensitivity and locomotor trade-offs in green anole (*Anolis carolinensis*) lizards. J Exp Biol 218:2174–2179
- Sharp NC (1994) Timed running speed of a cheetah (*Acinonyx jubatus*). J Zool 241:493–494
- Snyder RC (1949) Quadrupedal and bipedal locomotion of lizards. Copeia 1952:64–70
- Snyder RC (1962) Adaptations for bipedal locomotion in lizards. Am Zool 2:191–203
- Stiller RB, McBrayer LD (2013) The ontogeny of escape behavior, locomotor performance, and the hindlimb in *Sceloporus woodi*. Zoology 116:175–181
- Tulli MJ, Abdala V, Cruz FB (2012) Effects of different substrates on the sprint performance of lizards. J Exp Biol 215:774–784
- Van Damme R, Bauwens D, Verheyen RF (1986) Selected body temperatures in the lizard *Lacerta vivipara*: variation within and between populations. J Therm Biol 11:219–222
- Van Damme R, Vanhooydonck B (2001) Origins of interspecific variation in lizard sprint capacity. Funct Ecol 15:186–202
- Van Damme R, Vanhooydonck B, Aerts P, De Vree F (2003) Evolution of lizard locomotion: context and constraint. In: Bels VL, Gasc JP, Casinos A (eds) Vertebrate biomechanics and evolution. BIOS Scientific Publishers, Oxford, pp. 267–282

- Vanhooydonck B, Aerts P, Irschick DJ, Herrel A (2006) Power generation during locomotion in *Anolis* lizards: an ecomorphological approach. In: Herrel A, Speck T, Rowe N (eds) Ecology and biomechanics: a mechanical approach to the ecology of animals and plants. CRC Press, Boca Raton, pp. 253–269
- Vanhooydonck B, James RS, Tallis J, Aerts P, Tadic Z, Tolley KA, Measey GJ, Herrel A (2014) Is the whole more than the sum of its parts? Evolutionary trade-offs between burst and sustained locomotion in lacertid lizards. Proc R Soc Lond B 281
- Vanhooydonck B, Measy J, Edwards S, Makhubo B, Tolley KA, Herrel A (2015) The effects of substratum on locomotor performance in lacertid lizards. Biol J Linnean Soc 115:869
- Vanhooydonck B, Van Damme R (2003) Relationships between locomotor performance, microhabitat use and antipredator behaviour in lacertid lizards. Funct Ecol 17:160–169
- Vanhooydonck B, Van Damme R, Aerts P (2001) Speed and stamina trade-off in lacertid lizards. Evolution 55:1040–1048
- Van Wassenbergh S (2007) https://www.uantwerpen.be/en/staff/samvanwassenbergh/my-website/excel-vba-tool
- Vitt LJ, Caldwell JP (2014) Herpetology: an introductory biology of amphibians and reptiles, 4th edn. Academic Press, San Diego